Examples of standard questionnaires and assessment instruments recommended by the UK government

Home Conditions Assessment
(From the Department of Health 2000, ps 29-31

THE SCALE

	0	1
1. Smell (e.g. stale cigarette smoke, rotting food)	0	1
2. Kitchen floor soiled, covered in bits, crumbs etc.	0	1
3. Floor covering in any other room soiled as above.	0	1
4. General decorative order poor – obviously in need of attention (e.g. badly stained wallpaper, broken windows)	0	1
5. Kitchen sink, draining board, work surfaces or cupboard door have not been washed for a considerable period of time	0	1
6. Other surfaces in the house have not been dusted for a considerable period of time	0	1
7. Cooking implements, cutlery or crockery showing ingrained dirt and or these items remain unwashed until they are needed again.	0	1
8. Lavatory, bath or basin showing ingrained dirt.	0	1
9. Furnishings or furniture soiled	0	1
10. Informant's or children's, clothing clearly unwashed, or hair matted and unbrushed	0	1
11. Garden or yard uncared for and strewn with rubbish	0	1
Total Score		

Department of Health (2000) Framework for the Assessment of Children in Need and their Families The Family Pack of Questionnaires and Scales London: Department of Health

Parenting Daily Hassles
SCALE

The statements below describe a lot of events that routinely occur in families with young children. These events sometimes make life difficult. Please read each item and circle how often it happens to you (rarely, sometimes, a lot, or constantly) and then circle how much of a 'hassle' you feel that it has been for you FOR THE PAST 6 MONTHS. If you have more than one child, these events can include any or all of your children.

EVENT	How often it happens				Hassle (low to high)				
1. Continually cleaning up messes of toys or food	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
2. Being nagged, whined at, complained to	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
3. Meal-time difficulties with picky eaters, complaining etc.	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
4. The kids won't listen or do what they are asked without being nagged	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
5. Baby-sitters are hard to find	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
6. The kids schedules (like pre-school or other activities) interfere with meeting your own household needs	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
7. Sibling arguments or fights require a 'referee'	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
8. The kids demand that you entertain them or play with them	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
9. The kids resist or struggle with you over bed-time	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
10. The kids are constantly underfoot, interfering with other chores	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
11. The need to keep a constant eye on where the kids are and what they are doing	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
12. The kids interrupt adult conversations or interactions	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
13. Having to change your plans because of unprecedented child needs	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
14. The kids get dirty several times a day requiring changes of clothing	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
15. Difficulties in getting privacy (eg. in the bathroom)	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
16. The kids are hard to manage in public (grocery store, shopping centre, restaurant)	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
17. Difficulties in getting kids ready for outings and leaving on time	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
18. Difficulties in leaving kids for a night out or at school or day care	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
19. The kids have difficulties with friends (eg. fighting, trouble, getting along, or no friends available)	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5
20. Having to run extra errands to meet the kids needs	Rarely	Sometimes	A lot	Constantly	1	2	3	4	5

Questionnaire completed by *mother/father/adoptive parent/foster carer* (please specify)